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WAR FOOD ADMINISTRATION
Food Distribution Administration

U. S. DEPT. OF AGRICULTURE

WARTIME FOOD BULLETIN

Fort Worth, 2, Texas
November 4, 1943

Trading on the fruit and vegetable market was more active this week after having been rather dull for several days. Maybe the cold crisp mornings did it. The many commodities offered make a beautiful display, there being some 40 or 50 different items available.

Best buys this week are rutabagas, squash, tomatoes, sweet and irish potatoes. We just cant get away from those potatoes as real buys and here is how Paul R. LeGer, Federal Food Reporter sizes up the situation: --

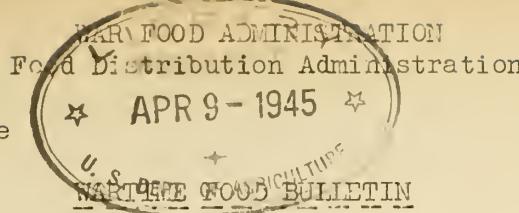
"Spuds, spuds and more spuds: The man who coined the old saying "There's gold in them thar hills" must have had reference to the little mounds of earth we call "Hills of potatoes", not that potatoes are high priced because they are not, in fact they are one of the best buys available in the fruit and vegetable line. That is what make them "Golden" in times like the present. Both white and sweet potatoes are real buys, each are so crammed full of honest to goodness food value they are simply boiling over with health giving vitamins. Irish potatoes have been the Victory Food Selection for the past 2 weeks and why shouldn't they be, with so many available it is difficult to find storage space for them, excellent quality and priced within a truly "bargain bracket". The same holds true with sweetpotatoes, at least "Down Texas Way" it holds true. Fine smooth sweets that meet the eye with that tantalizing look, making your mouth fairly water and when prepared in any one of the many ways you housewives have of cooking them they will actually make your mouth water. Potatoes have eyes, plenty of them -- now if they had mouths and could speak I imagine they would tell you what a bargain you are passing up when you walk by the bins at the market and in the stores without taking plenty of them home with you.

LeGer says his slogan regarding potatoes would be "The Farmers produced them, now Let's eat 'em".

----- furnished by: Paul R. LeGer, Federal Food Reporter -----

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Fort Worth, 2, Texas
November 11, 1943.

The fruit and vegetable market was rather active this week, maybe due to the cooler weather which usually causes people to take more interest in foods. As a rule colder weather usually is accompanied by price increases of some fruits and vegetables, especially the root crops, but this is not true so far in Fort Worth. Paul R. LeGer, Federal Food Reporter says dealers have been able to obtain fairly good supplies of most commodities without any noticeable increase in prices or decline in the quality.

Cranberries are not coming in any too freely but there will be plenty to go with that Thanksgiving turkey as well as plenty of the other trimmings such as celery, lettuce, radishes and other colorful and tasty vegetables.

The grapefruit and orange season is now well under way and are being shipped from Texas, Florida, Arizona and California. A fair supply of fine cabbage is on hand and it is a good opportunity to make some home made sauerkraut, an item rather scarce at times. If you do not have a good recipe for making it you may obtain one from your Home Demonstration Agent through the County Agents office or in any one of the many recipe or cook books which most housewives already have on hand.

A nice shipment of Crabapples from the Northwest of the Transdescent variety was expected to arrive in Fort Worth the latter part of this week. Around 4 or 5 hundred boxes of them, nearly all of which were sold before arrival. There are a few left so watch for them. Fine for making jellies etc.

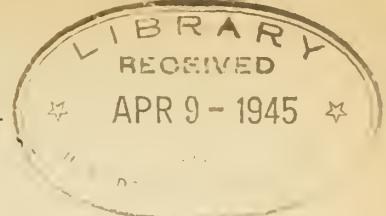
Potatoes, both irish and sweet remain the big news although there are several other good buys offered. We should have a good supply of both kinds of spuds for the remainder of the winter.

Best buys this week says Mr. LeGer are: Vegetables: sweetpotatoes, irish potatoes, rutabagas, squash, cabbage and spinach. Fruits: Grapefruit and oranges.

-----furnished by: Paul R. LeGer, Federal Food Reporter-----

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WAR FOOD ADMINISTRATION
Food Distribution Administration
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Fort Worth, 2, Texas



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November 18, 1943.

WARTIME FOOD BULLETIN

Furnished by: Paul R. LeGer, Federal Food Reporter.

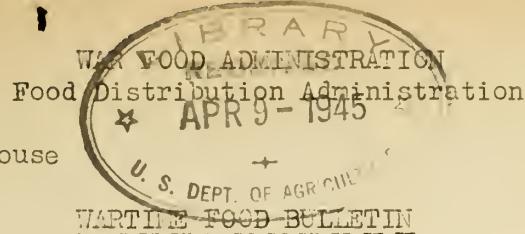
A good many fresh vegetables from South Texas are now appearing on the local fruit and vegetable market and more will come later. In spite of the recent cold weather some home grown commodities are still available. The remainder of our supplies are coming mostly from California although a good many parts of the United States are represented in the markets and stores of Fort Worth. Practically all sweetpotatoes are Texas produced, that is, those offered on the local market. Irish potatoes are coming mostly from Idaho and Colorado, some from California and we still have a few from the Hereford area of Texas. Rutabagas from Minnesota. Onions from Colorado and Idaho. Cabbage from Colorado and Wisconsin. Most of the citrus fruits are from the Rio Grande Valley although some are offered from California. In fact, says Mr. LeGer, the fruit and vegetable market in any city is a meeting place of all states, and in peace times, of most nations, so to speak. I don't believe there is another line of business where so many different places are represented in one spot.

Lettuce is not too plentiful at this time. Cranberries are not "overflowing" our market either, but evidence points to a large enough supply to take care of the demand although they are a "wee bit" high priced. New crop Asparagus from California is now available and is mighty fine "stuff".

Best buys this week in the way of vegetables are cabbage, spinach, irish potatoes, sweetpotatoes, topped carrots and rutabagas. Topped carrots are just as good as those with tops attached so don't overlook this bargain in making Wartimo Food buys. Rutabagas will also help hold down food costs. Oranges and grapefruit are good buys in the fruit line. Plenty of fresh coconuts available. Comparatively speaking, apples are also a good buy.

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Fort Worth, 2, Texas
November 25, 1943.

The local fruit and vegetable market continues to offer large selections of fresh fruits and vegetables with few price changes from those of last week, and, according to Paul R. LeGer, Federal Food Reporter, some are still being offered at bargain prices.

Among the best buys this week are cabbage, bulk carrots, dry onions, spinach, grapefruit and of course potatoes. Spinach was already a good buy but with an additional price drop this week it is now a real bargain. There has been more demand for sweetpotatoes the past several days and prices have advanced somewhat with a much better "tone" to the market. However, they remain a "doggone" good buy. Texas grapefruit is reasonably priced and the quality very good. Prices mostly at or near the ceiling with a few offered below the ceiling price. Arizona oranges arrived this week and are higher priced than those from Texas but slightly under California.

We have heard a lot of talk lately about the apple situation. It is true that this immediate vicinity is not flooded with them but dealers have been able to secure enough to take care of the demand in a nice way. Apples are selling at ceiling prices and perhaps will continue to do so. We, of course, are paying more for them than we did during the depression but we are no longer in a depression and prices asked for apples are not out of line with other commodities, in fact they are a good buy. One of the finest jellies is made from apples, commonly known as "Apple Jelly" and when you make it yourself from the fresh apples no ration points are required. Try it, you will not be disappointed.

